

### Key steps 1 2 3

**1** Make an appointment with a hydrotherapy doctor for your arrival medical consultation on the 1st day of treatment.

Please precise treatment package chosen (Hydrotherapy 6, 12 or 18 days, or Avène Thermal Spa (\*))

☞ contact doctor's secretary ☎ +33 (0)9 73 03 26 90 (🇫🇷 only)

or email your request to [contact.avenecenter@pierre-fabre.com](mailto:contact.avenecenter@pierre-fabre.com)

for availabilities and to book your appointment (Doctors list below)

- Dr Laurentiu GOLOGAN, Dermatologist and Venereologist
- Dr Valentin GUSTAVE, Dermatologist and Venereologist
- Dr Philippe TRUCAT, General Practitioner
- Dr Farida CHEKRAOUI, General Practitioner

### Useful Info

- The **dates of your treatment** will depend on your medical appointment (upon doctor's availability). Avène center will welcome you at the chosen dates, except for Avène Thermal Spa (\*) program.
- **Choosing your hydrotherapy doctor** is a personal decision. All doctors listed above can take care of all pathologies. Medical record mandatory for new patients.
- **Medical Center** for your arrival consultation is in the building next to Avène Center (in front of the parking).
- **Medical information** concerning the patient's condition must be provided to the doctor before arrival (letter from local doctor, summary of medical record, photos...)

**2** Book **accommodation** for your stay

➤ Onsite: Avène Hotel or Residence Val d'Orb

➤ Other: contact Avène Tourism office

☞ Consult **Accommodation Guide** or visit Avène - Grand Orb website  
[www.tourisme.grandorb.fr](http://www.tourisme.grandorb.fr)



**3** Complete **Treatment Booking Form** online at <https://www.centrethermalavene.com/en> and confirm with downpayment.

(\*) depending on availability – For "Thermal Spa" program of 2 or 3 days, please contact Avène center.

Les Thermes d'Avène - Les Bains d'Avène - 34260 Avène - France - Tél. : +33(0)4 67 23 41 87  
[www.centrethermalavene.com](http://www.centrethermalavene.com)

# YOUR TREATMENT IN AVENE

## Arrival Medical consultation

During that consultation on your first day of treatment, the hydrotherapy doctor will write a **prescription** for your personalized hydrotherapy treatment program.

You need to provide all information related to your medical condition (letter from your referring doctor, analysis, list of your medications ...).

## Medical consultation fees

You have to pay directly to the hydrotherapy doctor during arrival consultation (\*\*).

These fees include arrival and departure consultations, medical surveillance and eventually filiform shower sessions costs.

- Check with the secretary for accepted payment methods (NO cash dispenser in Avène).

## First treatment session after medical consultation

**After medical consultation** with your hydrotherapy doctor, you may come directly to Avene Hydrotherapy Center's reception with your treatment prescription for admission.

## Treatment schedules

They are arranged with you on the day of your arrival at the reception of the Hydrotherapy Center according to the doctor's prescription.

A planning is given to you for the entire stay and **it is important to respect the schedules.**

Treatment sessions will take place every day (including holidays) except on Sunday.

## Patient's dress-code

- For all patients, a bathrobe and towel will be loaned every day before entering the treatment area (Additional bathrobe: 20€/week ; Additional towel : 7€/week).
- For hygiene purpose, we will provide flip-flops, which should be worn exclusively in the Treatment area (included in the package). (Extra flip-flops at the Boutique, size from 16 to 46 - 10€)
- Adults' baths and showers are in individual cabins. Wearing a swimsuit is at your discretion. It may be necessary in case of underwater massage or filiform shower sessions depending on your medical prescription.

## Attendant for patients under 12 years old

For **patients under 12 years old**, it is mandatory to have an **accompanying adult** during treatment sessions. **Only one person allowed.** This person will need to wear a bathrobe for **hygiene purpose**, as well as **flip-flops**, to be worn exclusively in the treatment area.

Loan of the bathrobe for 3 weeks + flip-flops included in the treatment package.

Other accompaniment: please contact us.

## On your last day, please come to the center's reception after treatment

- Payment is required on arrival, based upon quotation from your medical prescription. Final invoice will be calculated and paid on your last day.
- We accept payment by cash or credit card (MasterCard, Visa, American express).

(\*\*) Except for Thermal Spa, included in the package.